

## Activities undertaken during the year 2018-19 over Swachhta drive

1. On 2<sup>nd</sup> October 2018, RC Delhi-1 educated the neighborhood regarding proper methods to be adopted for disposal of garbage and usage of appropriate bins for biodegradable and non biodegradable waste. They were also motivated to restrict and finally eliminate use of plastics, carry bags etc. and to use biodegradable materials instead.



### 2. Other initiatives undertaken under the Swach Bharat Abhiyan were:

**Swachhata Pakhwara** was observed from 1<sup>st</sup> September to 15<sup>th</sup> September 2018 and extended further till 02<sup>nd</sup> October 2018. Following activities were undertaken during this period:

- Slogan Competition was organized during September 10-13, 2018 for students and RC staff in Hindi and English. Prizes were distributed to the winners of the Slogan Competition.
- Plantation drive was organized on September 13, 2018. Officers and Staff of RC participated in the drive very enthusiastically.
- A talk on “Health and Hygiene” was organized on September 14, 2018. Dr. Neerja Sood, Asst. Professor, SOHS was the resource person who discussed pertinent issues regarding Health and Hygiene with the Officers, Staff, LSCs functionaries and learners of RC Delhi-1. She also gave away prizes to the winners of the Slogan Competition.
- Demonstration on Hand washing technique was also given by Coordinator of Jail Study centre (07164)



**Swatchhata Hi Seva** Drive was organized between 15<sup>th</sup> September 2018 to 2<sup>nd</sup> October 2018 at all LSCs under RC Delhi-1. Large number of learners were administered the oath to keep the surroundings clean and to educate and inculcate the habits and values of healthy and clean living in the neighborhood.

- LSCs functionaries and learners were actively involved in cleanliness drive under the motto “Green India, Clean India, Healthy India”. RC Delhi-1 officers and staffs actively participated in cleaning the premises of the Regional Centre.
- Learners were administered the Oath to honour the legacy of Mahatma Gandhi for a clean India at RC Delhi-1.



3. An awareness lecture on "**Health, Hygiene and Cleanliness**" was organized by RC Delhi-1 at adopted Village Maidan Garhi on 1st November 2018.



4. A talk on “Oral Hygiene” was organized on 27.05.2019 at RC Delhi-1. Resource person was Dr. Radhika Mahesh, a renowned dentist. The Programme was attended by learners and officials of RC Delhi-1. Regional Director; Dr.Ranjita Panda welcomed the guest and shared her views on cleanliness of environment as well as personal hygiene. Dr. Radhika talked about the importance of oral hygiene and gave tips to maintain the same. She explained the proper way of brushing teeth to avoid any dental problems and emphasized that precaution is always better than cure. She advised for regular dental checkup along with other health checkups. All the staff and students interacted with the resource person with genuine issues of dental hygiene. The whole programme was conducted in Hindi.



## 5. “Ek Kadam Swachhata Ki Aur” various activities organized at IGNOU Regional Centre Delhi-1:

### Activity on utilization of used plastic bottles for plantation

- An activity on “Utilization of used plastic bottles for plantation” was organized at RC Delhi -1 under **Swachh Bharat Abhiyan** on 24.05.19. The whole Programme was conducted in Hindi. Regional Director Dr.Ranjita Panda addressed the gathering regarding environment and importance of plantation. She emphasized that its responsibility of every citizen to contribute towards environment by planting at least one plant in a month in their surroundings. She also demonstrated the method of utilizing used plastic bottles for the plantation of indoor plants that also serves the purpose of beautification of our indoor environment. In addition to that she explained the importance of medicinal plants neem. Learners and officials of IGNOU were present on the occasion. IGNOU learners also participated in plantation activity of oxygen giving indoor plants generally use for air purification.

Dr.Vikas Singhal, ARD also emphasised the importance of environments and our contribution regarding its protection and conservation. Dr. Arshia Hussian ARD; presented vote of thanks and informed learners to enroll in Appreciation Course on Environment (ACE) and other related courses of IGNOU to gain more knowledge on our environment and surrounding. Programme was conducted by Dr.Shyni Duggal, ARD, during her address she motivated learners for planting plants at their workplace.



### Celebration of World Environment Day with learners & RC staffs

- On World Environment Day, Dr.Ranjita Panda, Regional Director addressed the gathering regarding conservation of Environment and motivated for keeping our surrounding and ourselves clean. She further said that the purpose to celebrate World Environment Day is not only limited to 5<sup>th</sup> June but also throughout the year to keep our environment clean and green. To remember this message IGNOU Regional Centre Delhi-1 has prepared a memento with the logo “**Clean IGNOU Green IGNOU**”. A written quiz competition was conducted for learners and staff of RC Delhi-1 by Dr.VikasSinghal. The winners of the competition amongst staff as well as learners were given a memento of IGNOU. Dr.Shyni Duggal and Arshia Hussain, ARD had also spoken about the occasion. Towards the end, plantation of indoor plant was done for clean and green indoor environment.

## 6. Cleanliness of RC Premises:

- Cleanliness of RC Premises was done on regular basis. In month of July and August cleaning and arrange of store and segregate of absolute items was done.

