

Celebration of 33rd Foundation Day of IGNOU at RC Delhi – 1

The 33rd Foundation Day of IGNOU was celebrated on 19.11.2018 at RC Delhi-1:

1. In the beginning, Regional Director Dr. Jayshree Kurup and the academics of RC Delhi-1 released the '**Information Brochure 2018-19**' to the Coordinators/ PICs of the Learner Support Centres. During her presidential address, the Regional Director stressed the need to strengthen the student support services at the LSCs.
2. A Talk was organized for students, staff and Coordinators/PICs on “Stress management”. Ms. Ankita Sharma, Counseling and Forensic Psychologist, Institute of Mental Health, Moolchand Hospital delivered the talk on the said topic. The session was very informative and interactive.
3. Dr. Ranjita Panda, Deputy Director also addressed the participants.
4. Dr. Shyni Duggal, Dr. Vikas Singhal and Dr. Arshia Hussain, ARDs also shared their views on the occasion.





