

Dear Sir/Madam

This is to inform that the Interactive radio counseling session can be accessed through radio at frequency 105.6 Mhz and through web at the link [www.ignouonline.ac.in/gyandhara](http://www.ignouonline.ac.in/gyandhara) (through mobile by downloading the puffin browser and then using the same webaddress).

Gyan Darshan TV, DTH, CABLE TV can be accessed on channel numbers -- AIRTEL- 442, TATA SKY-755, SUN DIRECT- 596, DISH TV - 991, INDEPENDENT TV- 566, DD FREE DISH- MHRD CHANNEL NO. 25, HATHWAY- 473, IN DIGITAL- 297, DEN- 526, and Gyan Darshan can also be accessed through web link at <http://www.ignouonline.ac.in/gyandarshan/>.

The sessions for 24th July 2020 are:

1) 10 am — 11 am (GV+GD)

Topic: Managing Teaching – Learning (MES-006)

Expert: Dr Elizabeth Kuruvilla, SOE

2) 11 am — 12 pm (GV+GD)

Topic: Coping with Stress & Anxiety during COVID

Expert: Dr N Ramya, SOSW & Ms M G Sahitya, Psychologist & Counsellor

3) 12 pm — 1 pm (GV)

Topic: Prevention and control of infection at home, CHBHC Course code CNS HC 001 Block 1.

Expert: Dr Reeta Devi, SOHS

4) 4 pm — 5 pm (GV+GD)

Topic: Laws Protecting Women in a Culturally Diverse and Secular State India: Lessons for Learning

Expert: Prof K Elumalai, SOL

5) 5 pm - 6 pm (GV)

Topic: BNS 031, Supervision in Critical Care Unit, Block 4 Unit 4 DCCN

Expert: Prof Pity Koul, SOHS

It is also requested for kind communication and circulation to the learners please.

regards,

Reena Boro,

Producer, Coordinator IRC GV